

## Influenza-like Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child or students on a daily basis.

**Does your child have:**

- |                                      |                              |                             |
|--------------------------------------|------------------------------|-----------------------------|
| 1. Fever (38°C (100° F) or greater)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Dry Cough?                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Weak and Tired?                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Muscle aches                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Sore Throat?                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Nasal congestion?                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Runny nose?                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. The chills?                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Nausea?                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Vomiting?                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 11. Diarrhea?                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |



**SHOULD I KEEP MY CHILD HOME?**

If you checked yes to fever AND at least one of the other symptoms your child has flu-like symptoms. Keep your child home at least 7 days after they first began to experience flu-like symptoms or whenever they feel well enough to return whichever is longer. If you have questions about your child's health or symptoms, call your child's healthcare provider.

If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

**WHAT SHOULD I TELL MY CHILD'S SCHOOL?**

If you checked "yes" for fever AND one of the other symptoms, tell your child's attendance office that your child is home with influenza-like illness.

If your child has been diagnosed by a healthcare provider with a different illness such as strep, tell your child's attendance office.